



Things Basketball Coaches (or Potential Coaches) Might Ask

1. I volunteered to coach, why did I do that?

Because you are a wonderful parent and you and your child will cherish this time for the rest of your lives. And you get a free coaches shirt!

2. What is involved in coaching?

Typically there is one practice per week lasting about an hour. Before the season begins sometimes we have extra practice time available on weekends. Then one game a week once the season starts.

It helps if you know a little something about basketball but it is not absolutely necessary. 1st and 2nd graders are pretty easy to coach, just focus on the basics. Same goes for 3rd and 4th graders for the most part.

Through our partnership with the Cleveland Cavaliers we have a lot of coaching resources and we also try to provide you with as much info as possible.

Don't hesitate to coach because you don't know a lot about basketball. We'll help you.

3. I travel for work, can I get a practice time that fits my schedule?

Probably. You pick your own practice times and coaches who have time and day constraints usually get priority for specific days.

4. My Neighbor, Friend, Brother, Conjoined Twin and I want to coach together. Can we do that?

Sure

5. Do we get game balls?

No. All the balls will be provided at the rec center for games and practices.

6. Do we get cones?

No

7. Do you have pinnies we can use for practices?

I used to. But I gave them to coaches to use at practices. Now I don't have them anymore. So no. Fun Fact though: Pinnie is actually short for Pinafore which is a sleeveless apron like garment.

8. What size balls do we use

1st and 2nd graders use 27.5 balls

3rd through 8th graders use 28.5 balls

9th through 12th graders use regulation balls



9. What are the rules?

Each league has specific rules for the age group. Those rules will be posted online somewhere but I'm not sure where yet as our website has changed some.

If a rule is not addressed in the league specific rules we follow Ohio High School rules.

10. Where can I get a copy of the rules?

Same as above. Sit tight and I'll get them to you soon.

11. I don't like the rules. Can I change them?

No.

12. How do I reschedule a game?

You don't. We cannot reschedule games.

13. Can I have an extra practice?

Maybe. Practice space is really tight. There may be some extra time available but we won't know that until we know how many teams we have and when they are practicing.

14. The Browns are playing in the Super Bowl, but we have a game scheduled during that time. What do we do?

I originally put this in here as a joke a few years ago. Now I'm thinking it may not be a joke anymore. So, this may be the only reason we would postpone games. Hopefully we will have to!

15. I want to yell at the referee. Can I?

No. Absolutely not. I will have a lot more to say about this as the season approaches.

16. How many coaches can I have on the bench?

There is to be only the head coach and one assistant and the assistant needs to stay seated during play.

17. What if our jerseys are the same color as our opponents?

Ask me for pinnies. The home team has to change color if they are the same. But make sure I get them back because they're expensive. Fun Fact: Pinnie is actually short for Pinafore which is a sleeveless apron like garment.