

The City of Broadview Heights Parks and Recreation Department PROTOCOLS UPDATE AS OF 10/23/2020

NOW HIRING: We are currently hiring lifeguard/WSI's. Email Amanda at Ahutcheson@broadview-heights.org if interested.

The City is also hiring for additional positions. Please visit the employment page on the website to view all openings: https://broadview-heights.org/jobs.aspx

CURRENT OPERATING HOURS:

Monday through Friday: 5:30am – 8:00pm Saturday and Sunday: 7:30am – 3:00pm

PLEASE NOTE THAT BEGINNING MONDAY 11/16/2020 OPERATING HOURS WILL CHANGE TO:

Monday through Friday: 5:30am – 9pm Saturday: 8:00am – 8:00pm Sunday: 8:00am – 3:00pm

HOLIDAY HOURS: Thanksgiving Day – Closed, Christmas Eve & New Year's Eve – Open 5am to Noon Christmas Day & New Year's Day - Closed

The Community and Recreation Center is open!

The Community and Recreation is currently open to members and program participants. Due to the COVID-19 pandemic, limited facilities are currently available and there are new policies and procedures in place to maintain compliance with the current guidelines. Please review the updated protocols and procedures below prior to visiting. We will continue to monitor all information and guidelines and will adjust protocols as required as well as adjust the open/closed status of our various facilities as mandated. In addition to operating within all of the required guidelines, our highest priority will be to offer a safe and enjoyable experience for our patrons.

PROGRAMS: Please visit us at www.bhrec.org for information on current programs and activities!

MEMBERSHIPS: For information on joining or renewing your membership, please visit our website at www.bhrec.org or call 440-838-4522.

Membership Benefits include:

- State-of-the-art fitness center and track access during all operating hours.
- Use of the pool/natatorium and gymnasium during scheduled "open" hours (reservation currently required).
- Use of the massage chair studio during all operating hours, members ages 18+ only. Now available first come, first serve and no additional membership is required.
- Discounts on select programs and activities.
- Use of the game room and casual activity spaces within the facility (game room equipment currently unavailable).
- Discounts on facility rentals and birthday parties (once rentals resume).
- All Annual Family Membership come with 100 hours of free Child Watch (Child Watch is expected to be available soon).
- All members are entitled to a free health and fitness assessment from Prescription Fitness Personal Training.
 Call for Prescription for more information on these free assessments at 440-552-6729.

Please Note: Masks are required unless at an exercise station – see mask policy below!

MASK/FACIAL COVERING GUIDELINES

We would like to thank all of our members who have been wearing their masks/facial coverings and following all of the established guidelines – this has been the majority of our patrons.

However, <u>EVERYONE'S</u> cooperation is essential! We ask that all patrons review the full protocols below regarding the City's current mask/facial covering and social distancing policies.

Unless you are at an exercise station – which means in the water in the natatorium, on a piece of fitness equipment (or moving to a piece of equipment immediately adjacent to the one you are using), actively exercising in the gymnasium or using the track - YOU NEED TO WEAR A MASK/FASK COVERING.

RECREATION AND FITNESS CENTER MASK/FACIAL COVERING GUIDELINES:

For your own health and safety and that of others, when entering or leaving the Broadview Heights Community Building, you are required to wear a mask or other facial covering over your nose, mouth and chin. We ask that you bring your own mask, but if you do not have one, a disposable mask will be provided.

When you are at your workout station, you do not have to wear a mask, <u>but you should do so if your activity level allows</u> you to do so. You must wear a mask when walking through the fitness center or using a restroom or locker room. What is considered a workout station and doesn't require a mask?

- Swimming in the pool. You must wear a mask on the pool deck, in the locker room and when interacting with others.
- The track, as long as no more than 4 people are using the track and everyone maintains social distancing of 6 feet whenever possible.
- The gym, when you are actively exercising/playing basketball.
- Individual pieces of fitness equipment and/or weight benches. Note: you may move from one exercise station to one <u>immediately</u> next to it without putting on your mask, but don't forget to wipe down the equipment after you have used it. If you are walking through the fitness room past other patrons, though, you must wear your mask.
- Individual marked off areas for exercising within a group class (e.g. Jazzercise).

If you have any questions, please ask a staff member for clarification. We want you, all of our patrons and all of our employees to stay healthy as we all work together to defeat the threat from Coronavirus/Covid-19. Your cooperation is essential! Thank you.

ONLINE REGISTRATION SYSTEM FOR THE POOL AND GYMNASIUM

While the facility is operating under guidelines that restrict the available facilities and require monitoring of maximum capacity, there is an **online registration system** in place which allows **MEMBERS ONLY** to reserve a timeslot to utilize the pool or gymnasium.

- The pool and gymnasium are open to members of all ages. Each member must have their own individual timeslot reservation in order to enter. Lap Lane reservations are limited to one timeslot per person per day. Please review the additional protocols below prior to making a reservation or visiting. Limited amenities are available and there are additional guidelines and requirements for each area. Please note: Limited showers are currently available, members are encouraged to limit locker room use and to come prepared to use the facility.
- Instructions on how to utilize the new registration system are posted at www.bhrec.org. Please log in and register for your time slots! Please note that if you have a membership, you already have an online account created in the system. You will use the "forgot user name" &/or "forgot password" option on the log in screen to have the information emailed to you.
- If you make a time slot reservation that you wish to cancel, please contact us 440-838-4522.
- Silver Sneaker, Renew Active and Prime patrons will still need to register for a timeslot online for pool or gymnasium use and must swipe their membership card at entry.
- New members can register for new memberships in-person at the Recreation Center. Only new membership sales and membership renewals will be completed in-person. All other registrations will be offered online only.
- Patrons using the gymnasium are not permitted to enter the facility until their scheduled starting time. We ask that you please wait outside or in your vehicle until your scheduled start time.

- Patrons using the pool are not permitted to enter the facility until 5 minutes prior to their scheduled starting time. We ask that you please wait outside or in your vehicle until 5 minutes before your scheduled start time.
- Patrons must check in with their key fob or membership card at the front desk prior to entering.
- Pool and gymnasium patrons should enter and exit promptly as scheduled.
- Available timeslots:

Monday through Friday: 5:30am-6:30am, 7am-8am, 8:30am-9:30am, 10am-11am, 11:30am-12:30pm, 1pm-2pm, 2:30pm-3:30pm, 4pm-5pm, 5:30pm-6:30pm, 7pm-8pm.

Saturday/Sunday: 7:30am-8:30am, 9am-10am, 10:30am-11:30am, 12pm-1pm, 1:30pm-2:30pm.

Time Slots will be adjusted when the operating hours are expanded beginning on Monday 11/16/2020:

M-F: 5:30-6:30am, 6:45am-7:45am, 8am-9am, 9:15-10:15am, 10:30-11:30am, 11:45am-12:45pm, 1-2pm, 2:15-3:15pm, 3:30-4:30pm, 4:45-5:45pm, 6-7pm for pool and 6-8pm for gym.

Sat: 8-9am, 9:15-10:15am, 10:30-11:30am, 11:45am-12:45pm, 1-2pm, 2:15-3:15pm, 3:30-4:30pm, 4:45-5:45pm, 6-7pm for pool and 6-8pm for gym.

Sun: 8-9am, 9:15-10:15am, 10:30-11:30am, 11:45am-12:45pm, 1-2pm in pool and 1-3 in gym.

- Current maximum timeslots available per area:
 Pool (lap lane): Max 4, Pool (non-lap lane): Max 14, Gym: Max 7
- If you need assistance with online registration, please contact us during our current operating hours.
- There is a registration kiosk available in the lobby for those without access to the internet.

GENERAL COMMUNITY AND RECREATION CENTER PROTOCOLS:

- Required safety and informational signage has been added at the entrance and throughout the building.
- We have installed protective sneeze guards at all desks to protect employees and patrons.
- Floor markings have been added to desks where lines may form to ensure 6 ft. distance between patrons.
- Tables and chairs have been spaced out, closed off &/or removed throughout the facility.
- Masks are required for all employees unless alone in a dedicated office space.
- Visitors to Recreation facilities are required to wear a mask unless they are in the pool or at their workout station (SEE MASK POLICY ABOVE).
- All employees and visitors are required to comply with the social distancing policy of maintaining a 6' distance from others outside of their household unit.
- Employees are conducting daily health assessments (self-evaluation) to determine if they are "fit for duty". Sick
 employees are required to stay home. Employees are required to practice good hygiene at all times: hand
 washing, sanitizing and social distancing.
- General Cleaning: Will be on-going by dedicated custodial staff during all open hours with a thorough cleaning of the entire facility and all equipment nightly. A method of deep cleaning referred to as "Fogging" is being performed nightly. We are disinfecting work spaces at the start and end of each shift and as needed. We are disinfecting high touch surfaces more frequently.
- Restrooms will be cleaned and re-stocked every 2 hours. Special attention will be given to high touch surfaces such as faucets, toilets, doorknobs and light switches.
- Restrooms/locker rooms are limited to use of the toilets, sinks, and select showers. Showers are currently available in the 4 cabanas and beginning Monday 10/26/2020, the showers in the locker rooms adjacent to the pool will be available for use.
- The steam room and the sauna are required to remain closed.
- Select lockers, that are 6' apart, will be accessible. Patrons are encouraged to arrive ready for their facility use and discouraged from utilizing locker rooms/restrooms for changing before and after facility use.
- Water Fountains are required to be closed. Bottle fillers are operational.
- There is currently no lost and found. All items left behind will be discarded.
- Loitering or gathering in large groups is NOT be permitted.

PATRON PROTOCOLS: What you can do to help reduce the spread of Covid-19.

Below are the protocols the public needs to be aware of and follow in order to keep our facility operational.

- A health questionnaire is posted at the entryway for all visitors to review prior to entry.
- Do not visit if you are ill.
- Take your temperature at home prior to visiting. If it is 100.4 or above, do not enter the building.

- Bring only essential items with you (keys, phone, water bottle, etc.).
- Visitors to Recreation facilities are required to wear a mask unless they are in the pool or at their workout station. (SEE MASK POLICY ABOVE)
- Please review the specific guidelines for each area of the building in the detailed protocols below.
- Hand washing or sanitizing is required upon entry. Patron are asked to maintain good hygiene by hand washing or sanitizing and maintaining social distancing requirements.
- Online Covid-19 waiver must be agreed to during registration or membership sales/renewals.
- No spitting permitted anywhere within the facility.
- All patrons must adhere to the 6' social distancing requirements.
- Handshakes, high-fives, hugs are not permitted.
- Hand sanitizer stations are readily available throughout the facility.
- Patrons must utilize the EPA registered GYM WIPES provided to clean all equipment BEFORE and AFTER use.
- Select chairs and tables throughout the facility have been removed or closed off. Patrons are not permitted to move any furniture or to utilize furniture that is marked as closed.
- Exercise mats, bands and other equipment that are difficult to disinfect have been removed. Please bring your own mats and bands if needed for fitness classes.
- Whenever possible, patrons using the fitness center should utilize the fitness locker rooms. Patrons registered for a time slot in the pool or gym should utilize the pool locker rooms.

FACILITIES THAT ARE AVAILABLE FOR USE

FITNESS CENTER AND TRACK:

- There is no online registration required for the FITNESS CENTER/TRACK only.
- The fitness center and track are still open to members only and all members must swipe their key fob upon entry to the Recreation Center.
- You MUST wear a mask when moving from one piece of equipment to another unless it is the piece of
 equipment immediately adjacent to the equipment you are using.
- You MUST maintain the required social distance of at least 6 feet. If at any time you are less than 6 feet from another person, you MUST WEAR A MASK.
- When you are at your workout station, you do not have to wear a mask, but you should do so if your activity level allows you to do so.
- You must wear a mask when walking through the fitness center or using a restroom or locker room.
- When required, masks/facial coverings must cover the nose and mouth.
- The current max capacity on the track is 4 patrons at a time. A mask is not required on the track, as long as no more than 4 people are using the track and everyone maintains social distancing of 6 feet whenever possible.
- All patrons must use gym wipes to sanitize each machine and any equipment BEFORE and AFTER use. This includes everything you touch (dumbbells, hand weights, kettlebells, benches, bars, etc.).
- Fitness center/track visitors cannot utilize the pool or gymnasium without a reservation and must check in at the front desk prior to any reservation they have made to use those facilities.
- Patrons ages 12-14 may utilize the fitness center/track, as long as they have completed the Fitness Orientation Course with Prescription Fitness. Patrons age 12 must be directly supervised by an adult while using the fitness center/track. New Fitness Orientation Courses are now available for anyone who needs to complete the course prior to use.
- There is no free weight use for those under 15 years of age.
- The fitness equipment has been spaced out to be 6' apart and there are now 3 different areas throughout the building offering fitness equipment (The Fitness Center, Multi-Purpose Room A and Group Exercise Room B). Please note: There is no internet or cable television on the cardio equipment on the lower level.
- Maximum counts:
 - o Fitness center 55, fitness loft 14, separate stretching room 3.
 - Maximum count in Multi-Purpose Room A is 10.
 - Maximum count in Group Exercise B is 18.
- Additional hand sanitizer stations and gym wipe stations have been placed throughout the facility.

- Exercise mats, bands and other equipment that are difficult to disinfect have been removed. Please bring your own mats/bands if needed for fitness classes.
- Fans will not be used anywhere in the facility.
- No spotting in the fitness center.
- Whenever possible, patrons using the fitness center should utilize the locker rooms adjacent to the fitness center.

NATATORIUM:

- Children under the age of 13 must have direct adult supervision in the natatorium. Children under age 7 must be accompanied by an adult in the water and the adult must be within arms-reach of the child.
- Each member must have their own individual timeslot reservation in order to enter. Lap Lane reservations are limited to one timeslot per person per day.
- If you make a time slot reservation for the lap lanes that you wish to cancel, please contact us 440-838-4522.
- Masks are required when on pool deck, entering buildings, in locker rooms and when interacting near other pool guests. Masks should be removed prior to swimming as wet masks can cause difficulty breathing.
- Lifeguards must wear masks unless seated at a lifeguard chair with a 6' radius of clearance from patrons.
- Limited areas of the pool are open for use.
- There is no gathering of groups from different households.
- Patrons should not stand, sit or otherwise block hallways or narrow passageways.
- Patrons are not permitted to move furniture and cannot utilize any furniture marked as closed.
- Areas that are currently open include the lap lanes, the leisure area, the lazy river and the spa. You must register specifically for a lap lane to utilize a lane.
- Area that are currently closed include the slide, the basketball hoops, the rock wall, all play features, the steam room and the sauna.
- Registration is available for lap lane use and non-lap lane use. There is only one person permitted in each lap lane so there are 4 slots available each hour for lap swimming.
- Maximum count in the spa/hot tub is 4.
- No equipment will be provided. Sharing of any personal equipment is prohibited.
- Routine disinfection of high-contact surfaces, desks, restrooms, pool ladders, chairs, tables, and all aquatic equipment is being performed by city staff.
- There will be one staff member, not actively lifeguarding, designated to ensure guidelines are being followed.
- Staff training has been performed to ensure all staff are aware of all safety protocols and as well as our updated emergency action protocols.

GYMNASIUM:

- Children under the age of 13 must have an accompanying adult present within the building at all times.
- Each member must have their own individual timeslot reservation in order to enter.
- If you make a time slot reservation that you wish to cancel, please contact us 440-838-4522.
- It is recommended that use is limited to one person per hoop. If more than 1 person is sharing the same hoop, it is recommended that play is limited to patrons from the same household.
- Masks are required when entering and exiting the facility and the gym, in locker rooms/restrooms and when
 interacting within 6' of other patrons. Masks are not required while actively exercising in the gym as long as
 social distancing is maintained.
- Limited to use of the basketball hoops in Gyms A &/or B.
- You must bring your own basketball and are required to sanitize your equipment prior to entering the gymnasium and upon leaving the gymnasium.
- Patrons using the gymnasium are not permitted to enter the facility until their scheduled starting time. We ask
 that you please wait outside or in your vehicle until your scheduled start time.
- Loitering or gathering in large groups is NOT be permitted.
- Pool and gymnasium patrons should enter and exit promptly as scheduled.

MASSAGE ROOM: Available to all members 18 years of age and older. Masks are required unless you are alone in the room. Users are required to sanitize the chair BEFORE and AFTER use. Maximum room capacity 2.

GOLF SIMULATOR:

The Golf Simulator is now open! Call 440-838-4522 to make a reservation. No drop-ins are permitted at this time. Max 4 patrons per reservation. Masks are required. All patrons must bring their own equipment and sharing of equipment not permitted.

VENDING MACHINES:

Select food and beverage vending machines are available. Patrons are required to sanitize any surface of the vending machine they touch before and after use. Gym wipes will be provided. Game equipment and machines on the lower level are closed.

FACILITY RENTALS: We are currently honoring reservations for select small group corporate rentals only at this time (25-person max.). If you are interested in a future rental, you can complete an online facility rental request at www.bhrec.org. All other facility rental contracts are not currently being approved but we are accepting requests so that we can process these once rentals become available. For questions, please contact Recreation Manager, Ryan Meyer, at 440-717-4019 or Rmeyer@broadview-heights.org.

RETURNING SOON: We are currently in the process of coordinating the return of Child Watch and Group Exercise programming (including group cycling)!

AREA REMAINING CLOSED FOR THE TIME BEING: Game Room, Meeting Rooms, Multi-Purpose Rooms (not being used for fitness equipment), select areas within the natatorium including the steam room/sauna, slide, play features, basketball hoops and rock wall, and the auxiliary gymnasium. The only exception for use of any of these facilities will be for department scheduled programs or activities.

OUTDOOR FACILITIES

TENNIS/PICKLE BALL COURTS: The tennis/pickle ball courts are open weather permitting (unless scheduled programming is taking place – a schedule is available at the courts). Pickle Ball nets are available in the storage box at the courts: T/TH 9am to Noon and M/W 6pm to 8pm. Guidelines, mandates and safety signage are posted. Maximum capacity inside the tennis court fencing is 10. Wear a mask or face covering when entering courts or interacting in close proximity to others.

PLAYGROUNDS:

- PRACTICE SOCIAL DISTANCING Stay 6' apart (about 2 arms' length) and avoid congregating.
- WASH YOUR HANDS OR USE HAND SANITIZER Bring hand sanitizer and use before entering the playground and immediately after use of playground.
- WEAR A FACE COVERING AT ALL TIMES (over age 10).
- FOOD & BEVERAGES Please do not bring food or beverages to the playground.
- DO NOT ENTER IF YOU ARE SICK OR EXHIBITING ANY COVID-19 SYMPTOMS.

RESTROOM FACILITIES:

- A restroom is available at "The Fields" maintenance building M-F when full time staff are scheduled, typically 7:30AM to 3:30PM.
- The restroom building at the playground on the City Campus is generally available M-F 8AM to 7PM and weekends 8AM TO 3PM (these will be closing soon for the season).
- There are portable restroom units available at The Fields and on the City Campus (through 11/4/2020).

WHILE VISITING OUR OUTDOOR FACILITIES, PLEASE BE AWARE OF THE FOLLOWING:

- Masks are required when outdoors and unable to consistently maintain a distance of six feet or more from individuals who are not members of their household.
- Athletic fields and basketball courts are currently closed, except for Parks and Recreation Department programming.
- Individuals must at all times or as much as reasonably possible, maintain social distancing of 6 feet from any other person with the exception of family or household members.
- Any gatherings of 10 people or more is prohibited All public and private gatherings of any number of people occurring outside a single household or living unit are prohibited, with the exception of household or family members.
- Stay home if you are sick and practice good hygiene. Wash your hands after touching surfaces. Avoid touching your face. Sneeze or cough into a tissue or the inside of your elbow. Place garbage in trash receptacles.