

BROADVIEW HEIGHTS



PARKS & RECREATION

January 2020

FITNESS ORIENTATIONS

Sign up for a free fitness orientation with Prescription
Fitness in the fitness center!

Must be 12+ years of age AND Broadview Heights Rec Center member to participate (Daily Drop-in pass required for non-members.) All members ages 12 to 14 MUST complete the course prior to using the fitness center. Youth age 12 must be directly supervised by an adult while using the facility after completing the course.

Saturday, January 4th at 10:30am

Thursday, January 9th at 6pm

Saturday, January 18th at 10:30am

Thursday, January 23rd at 6pm

To register, sign up at the fitness desk OR
email Julian Regotti, at JRegotti@Broadview-Heights.org.
Please email your name & phone number & requested date and time.