



Soccer Referee Information.

Basic Rules Overview

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Before Each Game:

- Make sure that both goals are secure and inspect the field.
- Introduce yourself by name to both coaches and verify the age group of the teams.
- Review the age specific rules (on back):
 - ✓ Number on a side
 - ✓ Length of the quarters
 - ✓ Long or short corner
 - ✓ Substitution rule
- Explain to coaches that if they have a question or disagree with a call they should calmly and respectfully discuss it with you between quarters, NOT during the game.
- Ask the coaches if they would like to keep or waive the goal differential. (SRSL games only)

Gather both teams together:

- No jewelry or ear rings of any kind. Medical bracelets only.
- Review with both players and coaches what is and is not pushing or aggressive play.
- Review with both players and coaches what is and is not tripping.
- Review with both players and coaches what is and is not a handball.
- Explain to both players and coaches that if the goalie is touching the ball, you will blow your whistle and play is to stop immediately. Whether the ball is stationary or not is your judgment call.

During the Game:

- Make your calls and blow your whistle loudly. Both parents and coaches should be able to hear you. Explain your call to the players and or coaches if you feel it is appropriate.
- If a player is playing overly aggressively, stop play and explain to them what they are doing wrong. Explain to the coach what the player was doing. If they continue, yellow card them and have them sit out for 3-4 minutes.
- Possession by the goal keeper, shall be considered as having any part of his body on the stationary ball. It shall be considered a –caution, yellow card offense - for the opposing player to attempt to deliberately kick the ball.
- The use of foul or abusive language or gestures by players, coaches or spectators directed toward the referee, coach, player or spectator is an ejection, a red card offense. Offenders could be indefinitely suspended.
- Any harassment, or vocally expressed disagreement with the referee's decision shall be penalized with a caution, yellow card, or ejection, red card, with a one (next) game suspension.
- Any violation of the Parent Code of Conduct or the Coaches Pledge is to be reported immediately and noted on your pay card.



Age Specific Rules

U7 Games

- 5 v 5 without a goalie.
- There is no goalie. Players standing in the goal acting as a goalie will be told to move.
- 4 x 10 minute quarters. 3 minutes rest between quarters. 5 minutes at halftime.
- No off sides
- Throw ins but they don't have to be perfect. Teach them how to do it and give them two chances.
- All kicks are indirect
- Corner kicks are taken from **the long corner (the corner of the field)**
- Free substitutions by both sides on throw-ins, goal kicks and after goals. Must ask referee for permission first.
- No jewelry or earrings of any kind
- No headers. Will result in a free indirect kick.
- Referees will call hand balls if they are blatant. Will result in an indirect kick.
- Pushing or tripping will be called at the discretion of the referee. Result is an indirect kick.

U9 and U11 Games

- 8 v 8, 7 players and a goalie.
- 4 x 12 minute quarter with 3 minutes rest between quarters. 5 minutes at halftime.
- Goal differential is in effect unless waived by both coaches.
- Off sides in U11 only. Not U9. However no "cherry picking" is allowed and will be called as off sides.
- U9 one "do over" on throw-ins. U11 Throw-ins must be performed correctly.
- Corner kicks are taken from the **short corner** (the intersection of the penalty box and the goal line.)
- The ball is in possession of the goalie when any part of the goalie's body is touching the ball. Err on the side of caution and blow your whistle to stop play if it looks dangerous.
- Substitutions can only be made after a goal, prior to a goal kick, for an injury but only 1 for 1, and by the team in possession of the ball at a throw in. Team NOT in possession can only substitute if the team in possession substitutes.
- No jewelry or earrings of any kind. Players cannot play with earrings. Only medical alert bracelets can be worn but must be covered. In the case of a religious medallion where the player insists it cannot be removed, it must be taped to the players chest inside the jersey.
- No headers. Will result in a free indirect kick.
- No punting.



U13 and U15 Games

- U13 boys (SRSL) 6v6
- U13 girls (SRSL) 6v6
- U15 co rec (SRSL) 6v6
- 4 x 15 minute quarters
- Goal differential is in effect unless waived by both coaches.
- Off Sides is in effect
- No do over's on throw-ins. Throw-ins must be performed correctly.
- Corner kicks are taken from **the long corner**
- The ball is in possession of the goalie when any part of the goalies body is touching a **stationary** ball. However, err on the side of caution.
- Substitutions can only be made after a goal, prior to a goal kick, for an injury but only 1 for 1, and by the team in possession of the ball at a throw in. Team NOT in possession can only substitute if the team in possession substitutes.
- No jewelry or earrings of any kind. See medical and religious exemptions above.